



OMEEO REGION NEWS SHEET



Wednesday 13 March 2024

AN OMEOSHIRE LIONS CLUB PROJECT

20 Cents

SERVING ENSAY, SWIFTS CREEK, OMEEO. BENAMBRA, DINNER PLAIN.

NEWSHEET ENQUIRIES:
Email: newsheet@omeeo.org.au
Phone: 5159 1515
Post: P.O. Box 182 Omeo 3898

Medical Services-Omeo Region
For **URGENT** Medical Care call **000**
Omeo Medical Centre
Please Phone: **515490140**
To arrange an appointment
Monday to Friday 8.00am—5.00pm
Pathology: Collection Monday to
Friday 8.00 am—9.00am by
appointment only

THE SWIFTS CREEK PONY CLUB
LUCKY NUMBERS
No: 15 Jeff Cooper...
No: 24. Trixie Morgan

SNAPDRAGON'S JOKE

Cricket is quite simple
You have two sides....ours and theirs.
One out in the field and one in.
Each man in the side that's in goes out, and
when he's out he comes in and the next
man goes in until he's out. Then when they
all have been in and are all out, the side
that that's been in the field goes in and the
side and the side that's in goes out and
tries to get out those coming in.
Sometimes you get men still in and not
out, then when both sides have been in and
out, including not-outs,
that's the end of the game.
it's really very simple.



District Diary

Wednesday 13th
Omeo to Bright Bus... departs Omeo 8.30am return 3.20pm
Lego Club Omeo Library.....3.30pm-4.30pm
Swifts Creek & Ensay Playgroup.....10.30-12.00pm

Thursday 14th
Omeo Opportunity Shop Open.....11.00am-3.00pm

Friday 15th
Omeo to Bright Bus... departs Omeo 8.30am return 3.20pm
Rhymetime schedule, Omeo – Every second Friday... 10.30 am

Saturday 16th
AA. meeting 1st Saturday of month, CFA rooms2.00pm
Omeo Opportunity Shop Open.....1.00am-3.00pm

Sunday 17th
Anglican Church Omeo.....No Service
Catholic Prayer Meeting Omeo.....9.00am

Monday 18th
Omeo to Bight Bus departs... Omeo 8.30am return 3.20pm
The High Country Singers Omeo Shire Offices.....2-3.30 pm

Tuesday 19th
Listen with Lorna live radio O.S.C.A.R. fm10.00 –12.00

N.B When you get a bladder infection, urine trouble
Amicus



Omeo Medical Centre
Dr. Charles Luiz
Please note some days are via telehealth
Phone:5159 0140

Wed 3-13	Thu 3-14	Fri 3-15	Sat 3-16	Sun 3-17	Mon 3-18	Tue 3-19
22° 18°	19° 14°	15° 12°	16° 12°	17° 13°	17° 14°	18° 14°



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Skicom Mt Hotham

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Scott DeVries

0429 723 274

scottdevries2@icloud.com



STUBBORN DIRT, GRIT, STAINS, PET ODOUR, ALLERGENS... BE GONE!



The High Country Singers Choir
has commenced practising for
2024. Practices are currently

being held at the Omeo Shire Offices
2-3.30 pm Mondays. All welcome.

The third Monday of each month we sing
with the residents of the Omeo Hospital in
their lounge 11-12 Midday

**Contact Rosemary Fitzgerald
0400 630 612**

Tree Services

Gary's
TREE LOPPING

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MITTA ST OMEO

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Gary's
Exterior House
Washing

PH: 0427772634

gariesmateinance@gmail.com

• Concrete Stairs • Paths

• Garage doors • Flyscreens

7 DAYS FULLY INSURED



UNITING CHURCH

AUSTRALIA SWIFTS CREEK

We gather on the
first Sunday of the month
at 10 am for Worship
and morning tea afterwards.

All are welcome

Activities for the younger ones
Enquiries to Rev Marian Bisset

Ph: 0421 067 212

Hinnomunjie Recreation Reserve Com

will hold an **AGM on Thursday 14th March**
at Omeo Community Hub 179B Day Avenue
commencing at 6.00pm – A New committee
must be elected for a three year term.

Current user groups should ensure they are
represented on the committee. New
members will be assisted to understand the
requirements & responsibilities.

For further information please contact
Maureen Webb mwebb03@bigpond.com

OMEOPHARMACY

“SPEAK TO YOUR
LOCAL PHARMACIST”

186 Day Avenue. Omeo. 3898
PH: 03 51591663 FAX: 03 5159 1686
AFTER HOURS: 0474 017 705

EMAIL: omeopharmacy@gmail.com
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SWITCH RECYCLING BOUTIQUE



157 Day Avenue Omeo
Next to the Post Office
Open 7 days 9.00am to 5.00pm
IN STOCK, HUGE RANGE OF NEW
TRENDY DRESSES AVAILABLE ...
GET IN EARLY-ALSO IN STOCK JUMPERS/
JACKETS/ JEANS/ TOPS/ SKIRTS/ MENS
SHIRTS/ JUMPERS/ / SHOES/ BOOTS/
HATS & JEWELLERY..
COME IN FOR A BROWSE..

SUBSCRIBERS PLEASE NOTE

www.omeo.org.au/newssheet

Phone : 5159 1515

All articles for the newssheet
to be in by

**12.00 noon on the Monday
before publication. (Wednesday)**

Prices for Newssheet Ads are as fol-
lows

Full Page A4 \$40.00

1/2 Page.\$20.00

1/4 Page.\$10.00

1/8 Page.\$ 5.00

**Please state
what size you require &
How Long /Dates you would
like it advertised for.**

Thank You



Omeo Region Business and
Tourism Association Inc.
ABN 53 025 601 047
secretary@omeoregion.com.au
P.O. Box 126, Omeo Vic. 3898

**Notice for Special General Meeting
Tuesday 19th March at 9.00am at
Omeo Community Hub 179B Day Ave**

To consider and decide on:

Motion: “to alter the present constitution from
“Own Rules and financial year end from 30
September” to adopt “2023 Model Rules and the
financial year end to 30th June”

Proposed by: Maureen Webb Seconded by

Natalie Mitchell Carried by:

All in attendance.



Omeo Cemetery Trust

Expressions of interest for weed
spraying at the Omeo Cemetery

Ring Rod **0428591377**



Omeo Rodeo

General Meeting

Wednesday 13 March
at the Omeo Hub

Erica: 0427 312 959



OMEo • BAIRNSDALE • MALLACOOTA • MELBOURNE

**Daily Services between
Melbourne - Bairnsdale - Omeo**
Bairnsdale Depot - Grinters Transport,
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Leaves 9.30am from Bairnsdale to Omeo



Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875
Phone : Maureen 0402 001 593
Jens **0402 006 268**

Many fabrics to choose from for all your furnishing needs Over thirty years in Business and 76 years' experience in the industry, between us we can help you.

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- Groceries
- Meat
- Fruit & Veg
- Gas Bottles
- Bottle Shop
- Post Office
- Fuel ULP & DSL + Winter Mix
- Breakfast & Lunch Daily until 2pm
- Fish & Chips - Friday Nights 4pm-7pm
- Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit & Vegetables

Drop in and meet our awesome team to grab a bite to eat or stock up on supplies for your adventure around Sunny Benambra

TRADING HOURS

Weekdays 8am - 5:30pm

Weekends 9am - 5pm

Public Holidays 9am - 5pm

03 5159 9209



Bore pumps Sales and servicing,
Mains and solar operated

TV Installation and servicing of both
Satellite & "Terry"

Generator - Sales/Hire/Installation/


Mains to Generator
changeover switches and inlets

Electrical Appliance Repairs/Maintenance

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Competitive rates
and servicing the Omeo region

Contact Jeremiah on 0418 909 978



SWIFTS CREEK BUSH NURSING CENTRE INC

T. 03 5150 2430 F. 03 5150 2439
 Email. susan.carroll@gha.net.au
 17 McMillan Street, Swifts Creek 3896

Open 9am until 5pm Monday to Friday
 Emergency on-call available after hours 9am until 11am
 weekends Nursing services: No appointment required.
 You are required to pay an annual membership fee or
 otherwise a non-member fee.

A Rural and Isolated Practice Nurse
 is available for wound infections.
 Assistance with Virtual Emergency consults.
Pathology: Monday, Wednesday and Friday 9am un
 9.45am Women's Health
Ante/Postnatal Care
Suturing
Hire of Equipment

Memberships Family \$140, Single \$70 due 31st July
RFDS Counselling by appointment.
Home visits if required.
24hr Bp monitor
Immunisations

Webpage –
<https://www.swiftscreekbushnursingcentre.com.au>

PHYSIOTHERAPY SERVICE



Our dedicated and passionate Physiotherapist is now available to support clients recover from a range of injuries or mobility disorders.

This can range from pain relief, to increased mobility, gait training, posture correction and much more. Help is now available locally!

Need to book an appointment?
 Please contact the Community Health Centre to arrange an appointment:

(03) 5159 0140
medical.centre@omeohs.com.au

AVAILABLE NOW




Omeo District Health

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 ability to load and unload goods
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 Truck capabilities: 6.tonne, 4x4
 Tray size: 5.5 mtrs x 2.4 mtrs.
 Flat top trailer 6.3 mtr x 2.5 mtr

**Transporting weekly to Omeo and district from
 Albury/Wodonga Corryong**
**Orders phoned or emailed by Tuesday 11.00 am
 For delivery on Wednesdays**

**Contact Mark for delivery charges on
 0428 264 480**

Mark @tlectronix.com.au



Movie Screening-Shayda

Join us for a viewing of Shayda to celebrate Cultural Diversity Week!

Shayda, a brave Iranian mother, finds refuge in an Australian women's shelter with her six-year-old daughter. Over Persian New Year, they take solace in Nowruz rituals and new beginnings, but when her estranged husband re-enters their lives, Shayda's path to freedom is jeopardised. Shayda captures the vulnerability and confliction, but also the radiant soul of an Iranian woman who boldly reclaims her human rights: to divorce her husband, keep her child, and dress as she chooses.

**Tuesday 19 March
2.00pm—4.00pm**

**Omeo Service Centre
Phone 5152 4225**

or book in person at the library for this FREE event



Libraries
Change Lives



Managing Digital Photos Workshop



**Learn the basics of managing digital photos!
Learn how to store, manage and share your digital photos.**

Bring your own device or practice on one of the library's.
Bookings are essential as places are limited.

**Monday 25 March
9.30am—12.00pm**

**Omeo Service Centre
Phone 5152 4225**

**or book in person at the library
for this FREE event**

Be Connected
Every Australian online.



Navigating the Aged Care System



Spend some time with Cindy, an Aged Care Specialist Officer from Services Australia Centrelink!

Are you wanting to know how to navigate the Aged Care System? Not sure where to start?

Cindy is one of the dedicated Aged Care Specialist Officers (ACSO's) located throughout Australia and she will be here to provide you with some information on My Aged Care and how her role can assist you and your family navigate the My Aged Care system.

There will be plenty of opportunity to ask questions so please bring yours along!

Omeo Service Centre

Monday 18 March, 10.30am - 12.30pm



Easter Activity Session

Children of ages 5 to 12 are invited along to enjoy Easter stories, craft activities and Easter games!



**Tuesday 26 March
Omeo Service Centre
3.30 pm – 4.30 pm
Phone 5152 4225**

**or book in person at the library
for this FREE event**

Libraries
Change Lives

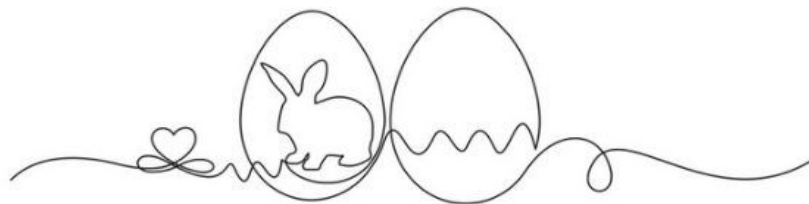




Bairnsdale Landfill and all Transfer Stations Closed Good Friday 29th March 2023

Open all other days over the holidays.

**No changes to household waste collections so please
put your bins out as per your normal schedule.**



3 Person Family seeking long term rental or home to purchase
Young family seeking long term accommodation in Omeo area.
Both adults work secure roles with our child attending Omeo Primary. ...
Seeking ideally 3-4 bedroom and 1-2 bathroom plus a shed for storage.
Please contact Ben with any opportunities **0408 163 165**



OME O SOLDIERS MEMORIAL HALL

PUBLIC MEETING – MARCH 27TH AT 7PM AT THE OME O COMMUNITY HUB

PURPOSE OF THE MEETING : AMALGAMATION OF THE COMMUNITY HUB COMMITTEE & THE OME O SOLDIERS MEMORIAL HALL COMMITTEE OF MANAGEMENT

With an ageing membership of the Hall committee and the establishment of the Community Hub it was suggested by the Hall committee to amalgamate with the Hub. This proposal was seen as being possible by the Hub committee. Investigation with East Gippsland Shire Council has commenced.

We need the opinion of the Omeo community to discuss the feasibility of this process progressing. If you wish to have your opinion heard on the following items please attend.

- future of Hall and Hub remaining independent of each other with regards to management
- amalgamation of the governance of the two facilities under the one umbrella / committee (of management)
- process required for the amalgamation to occur should those present at the meeting decide that this course of action will be taken
- requirements for the future -
 - incorporation, new (acceptable) title of the group, banking (signatories & accounts to be held), tax obligations, public liability insurance
 - Clarification of Public Liability coverage provided by EGSC when the Hall is booked for various functions.
 - Agreements explanation - alignment of the two with EGSC funding provided by EGSC for operations - continuation for the Hall
 - Hall to be known as? With no intention of removing the memorabilia or the signage on the front window of the hall foyer.
 - Current exec position holders within the two groups will need to meld together with some current position holders not being required to continue in the role.
 - Other

omeocommunityhub@gmail.com

179 Day Ave Omeo Vic 3898

JOEL WILLIAMS ROADSHOW



Joel is an independent plant and soil health educator with a particular interest in designing farming systems that focus on managing soil biology along with crop & soil nutrition to optimise plant immunity and soil function.

Joel has extensive practical experience in Australia, UK and Canada (where he is currently based) integrating soil and plant analyses as a joined-up strategy for managing production.

Joel has a passion for teaching and sharing both scientific and practical knowledge on agroecological growing practices.

Want to know more about Joel?

Look up Here <https://integratedsoils.com/>



OMEQ
Tuesday 19th March
9:00am to 1:00pm
Omeo Rec Reserve
Contact: Emma 0400 467 921



Ensay Bush Nursing Centre

T. 03 51502416 F. 03 51502419

email: ensaybnc@gha.net.au



Open 9am until 3pm Monday to Friday

or 8.30am-9am and 3-3.30pm **emergencies only**

5063 Great Alpine Road
Ensay, VIC., 3895

Nursing services: No cost No appointment required.

Pathology Monday to Friday 9 am until 10.30 am- No cost. No appointment required

Footcare: Approximately 6 weekly, \$15.00 cost ring for an appointment

Walk and morning tea: 1st Friday of each month may include some craft activities, no cost only delicious homemade cakes etc.

RFDS mental wellbeing: Fortnightly face to face and telehealth model.

Memberships: \$50.00 family and \$25.00 single due 31st of July each year, pro-rata payments accepted for new members.

AGM: Occurs on the second Monday of October all welcome, new members to the COM welcome.

Follow us on facebook and our webpage for events and employment opportunities.

WEBPAGE

<https://www.ensaybushnursing.com.au>

Bush Nurse Bush Nursing Service



Position	Centre Manager/Nurse Manager
Classification	Registered Nurse Division One, Nurse Manager Classification
Reports to	Committee of Management (COM)
Hours of Duty	Per Contract Hours (Typically 21 hours per week), permanent, ongoing. Permanent part - time.
Award & Conditions	Nurses and Midwives (Victorian Public Sector) Enterprise Agreement 2020-2024

Position Centre Manager/Nurse Manager

Classification

Registered Nurse Division One, Nurse Manager Classification

Reports to Committee of Management (COM)

Hours of Duty

Per Contract Hours (Typically 21 hours per week), permanent, ongoing. Permanent part - time.

Award & Conditions

Nurses and Midwives (Victorian Public Sector) Enterprise Agreement 2020-2024

Ensay Bush Nursing Centre is seeking services of a Registered Nurse Division One, to undertake the role as Centre (Nurse) Manager 21 hours per week.

The Bush Nurse Manager plays a crucial role in our growing and diverse community providing both vital and appropriate health services within the Omeo Region Health Network.

The role of Bush Nurse is predominantly working as a sole practitioner attending to community needs including the response to emergency incidents and the undertaking of management/administrative responsibilities, including but not limited to reporting, human resource management, budgeting and attending meetings.

Essential Criteria:

Current Registration with AHPRA - Current drivers License

Demonstrated ability to work independently

Minimum 3 years post graduate experience, must include some emergency or acute nursing experience

Proven clinical and assessment skills

Must be prepared to undertake and complete the Victorian Remote Area Nurse training delivered by Ambulance Victoria. Successful completion of this training is a mandatory requirement to work at Ensay Bush Nursing Centre.

Advanced Life Support through a recognised training organisation

Desirable Criteria:

Nurse Immuniser or prepared to work towards.

Rural and isolated endorsed practice nurse would be well regarded but not essential

Management experience

If you are looking for a community to care for based in a dedicated Bush Nursing Centre, Ensay Bush Nursing Centre is interested in hearing from you. Position descriptions and application requirements can be obtained from either:

Heidi Chard (Nurse Manager) ph. **03 5150 2416 or 0487 339314**

Email: heidi.chard@gha.net.au

Or

Wendy Newcomn ph. **0408 522 654**

Email: wendynewcomen@gmail.com

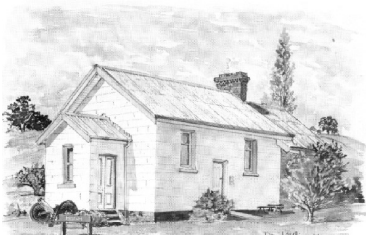
Applications including a current curriculum vitae and addressing the Key Selection Criteria should be marked "Private and Confidential" and forwarded to;

Ensay Bush Nursing Centre COM Wendy Newcomen

P.O Box Ensay, Vic., 3895.

Or via email: wendynewcomen@gmail.com

Closing date: COB 2nd April 2024



Thomas Toke - Dead Cocks Don't Crow

A secretive and violent man I have allowed Thomas Toke to narrate his life story. Only Toke could explain his actions and reactions to the old world that rejected him and to the new world that he helped to form.

You fools, you think that you know all about your past, you sit on your computers and tap into all manner of information yet you will not find me mentioned there. My history is held in the records of long since discarded newspapers and musty records hidden in the archives and libraries of England and Australia.

Who am I? I am Thomas Toke, alias Thomas Tookey, alias Thomas Toak. I was born in England in 1811 and transported to Sydney, Australia in 1826. I endured all the hellholes of incarceration within New South Wales, Van Diemen's Land, Norfolk Island and Victoria and I survived. No hangman's noose for me, even though I murdered my fair share of individuals. I also stole horses, resorted to blackmail and terrorised whole communities. I crossed paths with such great characters as Redmond Barry, the Tichborne claimant, Sir George Stephen (father of the anti-slavery movement), forebears of ANZAC veterans and Rolf Boldrewood (Thomas Brown). In your ignorance you believe that Ned Kelly was a "great" bushranger. He was a flash in the pan. I was the true bushranger. After a very successful life of crime I died in my bed of natural causes at the ripe age of seventy-six. Heed my words well and give thanks to the likes of me who gave you a rich and colourful heritage to cherish. You don't believe me, you think I boast, well read my tale and then see what you think.

I charge you with the responsibility of passing on my story to the next Generation and remind you that once in a while dead cocks do crow!


CELEBRATING **OUR** COMMUNITIES




Tambo Valley Racing Club

Nullamunjie Olive Oil

Tambo Valley Cup 

 Easter Sunday 31st March

 Gates Open from 11:30am

Country Racing at the Tambo Valley Racing Club - join us to celebrate our community our way. There will be hospitality and dining, kids activities, live entertainment, fashion and up close racing action. Kids aged 16 & under admission are free!

General Admission

\$ 20^{PP}

Members Package

\$ 80^{PP}

BOOKINGS AT [COUNTRY.RACING.COM/TAMBO-VALLEY](https://country.racing.com/tambo-valley)

enquiries to tvrc1896@gmail.com

